

PRE TRAVEL HEALTH QUESTIONNAIRE

Before booking your travel consultation, if you have internet access, please visit; www.masta-travel-health.com or www.fitfortravel.nhs.uk to check which vaccinations you might require for your trip and also what other 'non vaccine preventable health risks' you might need to protect yourself against. If you think you do need vaccinations, please make a telephone appointment with one of the practice nurses, who can advise whether these vaccinations can be done at the surgery or not. Please make this telephone appointment as soon as possible, ideally at least 6-8 weeks before your trip if travelling outside Europe. If you think your vaccinations might be up to date, please book a telephone appointment with one of the practice nurses to discuss.

Please complete this form and bring it with you to your appointment

Your personal details	
Name:	
Date of birth:	
Current health problems:	
Are you on any regular medications:	
Do you have any allergies:	
Pregnant or planning a pregnancy?	
Disabilities or special needs:	

About your trip	
Date of departure from UK:	
Date of return to UK:	
Reason for travel – please circle	Holiday/visiting friends or family /business backpacking/other – please specify
Mode of travel – please circle	Plane/boat/coach/car/other

Countries, to be visited (include regions)	Length stay each area	Accommodation: Rural/city/family/backpacking/ cruise	Proposed activities: Sightseeing/ski/climbing water sports/trekking etc	Away from medical help Y/N

Please be aware that certain travel vaccinations are not funded by the NHS and cannot be done at the surgery. Details of where you can have non-NHS vaccinations are on the surgery website or available at a nurse telephone appointment.