



Patient Participation Group



Crossley Street Patient Participation Group (PPG) is a partnership between patients of Crossley Street Surgery and the doctors, medical workers and administrative staff who look after our wellbeing.

The aim of this group is to encourage a positive working relationship between patients and surgery staff. They act as a link between the practice and our patients to ensure best use of facilities, and the organisation of policies which reflects our patients' views.

The PPG have regular meetings held at the surgery. Would you like to attend one of our PPG meetings? The next ones will be held at Crossley Street Surgery at 4pm on:

- Thursday 25th July
- Thursday 26th September
- Thursday 31st October

Anyone who is interested in joining the PPG is welcome to attend.

The PPG's Newsletter is available in printed form around the surgery and also on our website.

Sun safety tips

Sunburn increases your risk of skin cancer. Sunburn does not just happen on holiday. You can burn in the UK, even when it's cloudy.



There's no safe or healthy way to get a tan. A tan does not protect your skin from the sun's harmful effects.

Aim to strike a balance between protecting yourself from the sun and getting enough vitamin D from sunlight.

Spend time in the shade when the sun is strongest. In the UK, this is between 11am and 3pm from March to October.

Make sure you:

- spend time in the shade between 11am and 3pm
- make sure you never burn
- cover up with suitable clothing and sunglasses
- take extra care with children
- use at least factor 30 sunscreen

For more information on sun safety, visit the NHS website.

Car Parking



As you may have experienced yourself, car parking at Crossley Street can be challenging. We only have a limited number of parking spaces and this problem is often compounded by those taking up spaces when they are not visiting the surgery. We appreciate that it can be frustrating when there are no free spaces, but please can we ask you to keep in mind the following:

Please **DO NOT**:

- use the car park to drop your child off at school - if you are not visiting the surgery, please park elsewhere
- park on the yellow hatches in the middle of the car park - this puts your car at risk of being damaged
- park on the double yellow lines along the side of the surgery - this can make it difficult for emergency services to access the surgery and makes it hard for patients to enter and exit the car park
- park in the staff section of the car park - this can result in cars being blocked in and identifying the owner of the car can be difficult

The large car park across the road from the surgery offers free parking for up to 2 hours, so if our car park is full, please consider using this. Thank you.

Going on Holiday?

If you are going abroad and you're not sure if you will need any travel vaccinations, please visit www.fitfortravel.nhs.uk—they can tell you what vaccinations you may need.

Then you can make an appointment with one of our nurses or arrange to speak to someone if you're not sure whether your current vaccinations are up-to-date.

Please be aware that we only offer travel vaccinations which are available on the NHS. These are:

- Tetanus, Diphtheria and Polio booster - 10 years protection
- Hepatitis A - 25 years protection after 2 doses
- Typhoid - 3 years protection

Some travel vaccinations are not funded by the NHS and we no longer offer these. Please visit our website for details of alternative travel services in the area who can offer non-NHS travel vaccinations. There will be a charge for these vaccinations. It is important when travelling abroad that you have the appropriate travel advice, vaccinations, and anti-malarial medication.

If you require a computer print-out of your vaccination history to take with you to one of the alternative services, please contact reception to arrange this.



Times are changing

Evening and weekend appointments now available



Extended Access

Extended Access Clinics are now available, including weekend appointments, with GPs, Nurses and HCAs. These are held at Wetherby Health Centre on a Saturday morning and can be booked by our patients. Please note this is not a walk-in service and you will need to book an appointment in advance. These are pre-bookable, routine appointments. For more information please speak to a member of reception.

Wasted Appointments in June

Last month, the number of GP & Nurse appointments where the patient did not attend was:

116

This was equal to:

27 hours and 35 minutes

If you are not able to attend your appointment for any reason, please do let us know, so that your appointment time can be used by somebody else.

If you provide us with an up-to-date mobile number, we can send you appointment reminders by text, and you can cancel your appointments by text as well. You can also cancel your appointments using your SysteemOnline account.



Surgery Closures

The surgery will be closed on the following dates:

- Monday 26th August

The surgery will also be closed on the following **afternoons** for training purposes:

- Thursday 11th July
- Thursday 19th September
- Thursday 10th October

When calling the surgery after 12pm on any of the above dates, you will be put through directly to the Out of Hours Service. Please be sure to allow plenty of notice for ordering repeat prescriptions.

Please note that Day Lewis pharmacy will remain open on the Thursday afternoons when the practice is closed.



Flu Season

It might seem like a long way off, but Flu Season will be here before you know it! If you are aged over 65, or have a condition which makes you eligible for a flu vaccination, keep your eyes open in the surgery towards the end of Summer when we will be offering dates for our annual flu clinics.