



PATIENT PARTICIPATION GROUP NEWSLETTER

**ISSUE FIVE
SUMMER 2019**

WHAT'S NEW??

**Our noticeboard in the Surgery celebrates
PPG Awareness Week 10 — 15 June**

Do have a look . . . Join us ? . . . Help us ?

Any ideas on getting surgery
feedback from patients?

Latest discussion— difficulties getting an appointment

Report from the Nuffield Trust shows the biggest fall in GP numbers since the 1960's — Crossley Street Surgery staff are trying their best to make sure patients do get the appointments they need, but please help

- ◆ don't miss appointments
- ◆ see other practitioners, if appropriate
- ◆ try the on-line booking service
- ◆ accept a phone appointment
- ◆ appreciate how busy the doctors are

REMINDERS

Going on holiday ? Don't forget the sun cream, check on vaccinations, insect repellent, antihistamine, and of course order any prescribed medication in plenty of time.



The Healthy Minds Service

Suffering from anxiety, stress, low mood? Ask reception about this facility and how it could help you.

Scarlet Fever Symptoms

Parents should be aware of this seasonal illness, common at this time of year, mainly affecting children, easily treated with antibiotics — **highly infectious so check with a GP before going in** — symptoms can be flu-like, feeling unwell, sore throat, swollen neck glands, high temperature, red rash on chest and tummy, swollen tongue, flushed cheeks—children affected should stay off nursery or school until their fever is gone—**get advice from the doctor.**

The Polymyalgia Rheumatica & Giant Cell Arteritis Self-help Group

All those affected are welcome — held in Ilkley or Leeds — Contact Sue ilkley@pmrgca.org.uk or call 0300 999 5090 or www.pmrgefca.org.uk

If you are interested in or would like more information about the Patient Participation Group please complete a card, found in the PPG box which is situated on the middle part of the reception desk as you come in the main door. Our meetings are always held on a Thursday at 4.00 pm at the surgery.

**Here are the dates of our next 3 meetings
27th June 2019 , 25th July 2019, 26th September 2019**