



**Crossley Street Surgery
Patient Participation Group
Newsletter
Issue 25 – Autumn 2025**

Welcome to your patient newsletter from the PPG.

The focus of this issue:

'REMINDERS AND NEWS' of interest and benefit to patients.

REMINDERS

Flu & Covid Vaccinations

- Clinics will be held at Crossley Street Surgery on the four Saturdays 4th, 11th, 18th and 25th of **OCTOBER**.
- By now many patients will have received invitations to make appointments. Age eligibility for Flu 65+ and for Covid 75+ (There are special eligibility considerations for both – see the surgery website for more details): <https://www.crossleystreetsurgery.co.uk>
- Please do not arrive too early as this causes queues. Please dress appropriately for October weather but make sure your arm is easily accessible.
- Your friendly PPG members will be outside to provide assistance.
- **Car parking** is only available for blue badge holders or patients with limited mobility. 

Holidays – for those taking holidays abroad during the autumn and winter, please remember to protect exposed skin from UV damage. Travel advice is available from the surgery website.

Cancer Support – Yorkshire Cancer Research funds **Active Together** offering free fitness, nutritional advice and wellbeing support to cancer patients – see the large PPG noticeboard in the waiting room & take a leaflet. For more information visit them at Hornbeam Square West, Hornbeam Park, Harrogate, HG2 8PA or ☎ 01423 510765.

NEWS

The Vision Support Charity has information about sight loss sessions, support, and advice on varying degrees of sight loss. See large PPG notice board for contact, also enquiries@vshd.org.uk

Crossley Street is a Veteran Friendly Practice - if you are a veteran, please inform a receptionist who will add it to your records, and why not come along to meet other veterans at the friendly coffee/tea & biscuit afternoons for Veterans and Carers held on the first Friday of each month from 2pm - 4pm.

Retirement – Dr Ellis Rickwood, the senior partner at Crossley Street, is retiring at the end of September. He became a partner at this surgery in 1996 and has been committed to patient care ever since. So many patients will have been treated by him and will miss seeing him in the future. We are sure that all our patients will want us to wish him a very HAPPY RETIREMENT on their behalf.

PPG Feedback Slips – if you have any feedback, queries, or suggestions for the PPG please complete a PPG slip from the main large PPG noticeboard or from the small board by the lift and place it in the wooden PPG box at the front of reception. Thank you.

New Reception Staff – the surgery has appointed some new reception staff in recent months: it is a demanding job with a lot to learn – please be patient **and understanding, they will do their best to help you.**

Stoptober – a mass participation campaign that runs for the entire month of OCTOBER in the UK to encourage people to stop smoking. It is based on research showing that if you stop smoking for 28 days you are five times more likely to stop permanently. For tips and tools to help you and for more information visit Stoptober on social media and visit the NHS website.

The last meeting of the PPG was on Thursday 17th July 2025

Once approved, the Minutes of meetings will be available to view on the Surgery's website <https://www.crossleystreetsurgery.co.uk/>

The next two meetings will be held on Thursday 25th September 2025 and Thursday 16th October at 4.00 pm in the Surgery