



Wise

Wetherby in Support of the Elderly

Dates for May 2017

Thurs 4th	Knitting	1.30pm-3pm Boston Spa Village Hall
Fri 5th	Chairobics	10.30—12.30 Wetherby Social Club
Mon 8th	Dementia Forward Well Being Cafe	1pm—3pm Wetherby Social Club Call Maureen on 01765601224
Tues 9th	Boston Tea Party	2pm—4pm Boston Spa Village Hall Jubilee Room
Wed 10th	Rockin Robins	1.30pm—3pm Boston Spa Village Hall
Thurs 11th	Days Gone By (NEW) Knitting Poetry	10.30am —11.30am Wetherby Social Club 1.30pm—3pm Boston Spa Village Hall 2pm—3pm Boston Spa Village Hall
Friday 12th	Chairobics	10.30—12.30 Wetherby Social Club
Mon 15th	Dementia Forward Well Being Café	1pm—3pm Wetherby Social Club Call Maureen 01765601224
Tues 16th	Chatter and Batter	11.15pm—1.30 pm Wetherby Social Club
Wed 17th	Elderberries	1.30pm-3.00pm Wetherby Social Club
Thurs 18th	Knitting	1.30pm—3pm Boston Spa Village Hall
Fri 19th	Chairobics	10.30—12.30 Wetherby Social Club
Mon 22nd	Dementia Forward Well Being Café	1pm—3pm Wetherby Social Club Call Maureen 01765601224
Thurs 25th	Stretch/Chairobics Knitting Poetry	10.30pm—12.00pm Wetherby Social Club 1.30 pm—3pm Boston Spa Village Hall 2pm—3pm Boston Spa Village Hall
Fri 26th	Chairobics and Stretch session	10.30—12.30 Wetherby Social Club
Tues 30th	Rockin Robins	1.30pm—3pm Boston Spa Village Hall
Wed 31st	Sunshine Cafe	2pm to 4 pm Collingham Village Hall

Wetherby in Support of the Elderly would like you to come to the
Summer Mariners' Matinee!!

Monday 31st July 1pm—3pm



Boston Spa Village Hall

Featuring Singer **Emma James!**

£5 including refreshments

This is a ticket only event.

**Tickets can be purchased in our WiSE Owl Café in Boston Spa or contact
Karen on 01937 588994**

Days Gone By

Family sing songs, was it Elvis or Cliff?

Petticoats and dreamboats or drainpipe trousers and quiffs,

Ice cold winters, baths by the fire, school days, first jobs, mangles with spin driers.....

Come and join us for a trip down memory lane -

A reminiscent group for you to share treasured memories.

Every 2nd Thursday in the month starting on 11th May at 10.30am - 11.30am at Wetherby Social Club. £2 incl refreshments



We have a great time at every “Chatter and Batter”,

It's our luncheon group where over 60's come along and enjoy fish and chips from The Frying Pan— do a quiz, have a chat, what's not to like!!! The luncheon includes haddock and chips, & tea or coffee for £5.

Orders taken at 11.30am... be prompt!!

Tuesday 16th May from 11.15am - 1.30pm at Wetherby Social Club , Sandbeck Way.



NEED TRANSPORT FOR THE EVENTS CALL 01937 222066

Wetherby In Support of the Elderly: T|01937 588994|www.w-ise.org.uk

One Stop Centre, Westgate, Wetherby LS22 6NL

Registered Charity No: 1163698